

## PROFESSIONAL TRAINING PROGRAM

# « SUCCESS IN COVER CROPS TO IMPROVE AGROECOLOGICAL PERFORMANCE»

This programme can also be consulted directly on the TERREOM website at:

https://www.terreom.fr/en/formation-couverts-vegetaux



Cover crops are **one of the pillars of soil regenerative agriculture**. They are also **one of the important levers for developing agroecological models**. Set up between two crops, they are **real photosynthetic hyphens** in the sense that they continue to capture light energy to **feed the life of the soil and support its fertility**. Once in place, they provide **many other services**. What exactly are they? How to decide on the **composition of cover crops**? How to **sow them successfully**? What **good practices** should be **implemented** until their destruction **to promote their optimal development**? What are the **interesting decision-making tools** to support this success? These are just some of the questions to which this training course provides an answer.

In retrospect, **this training** should enable the learner to **master the subject of cover crops** in order to further **establish** (as a farmer or advisor) the **implementation of an agroecological approach on the farm**.





KNOW

the services provided by cover crop



KNOW

how to compose cover crop



**UNDERSTAND** 

the interest of diversified cover crop







#### KNOW

how to proceed for successful sowing



#### KNOW

good practices to manage cover crops until they are destroyed



#### MASTER

decision support tools for successful cover crops



#### **UNDERSTAND**

how to use cover crops to improve the agro-ecological performance of the farm



All public



None



If you have a physical disability, please let us know. We will then make the necessary arrangements to enable you to take full advantage of the training.



Suitable for people with a mobility impairment



Suitable for people with a hearing impairment



Suitable for people with a speech impairment



Suitable only for the visually impaired persons







#### **ORGANIZATIONAL CONDITIONS**







9:00 a.m. to 12:30 p.m. and 2:00 p.m. to 5:30 p.m.



4 minimum – 15 maximum

In the case of a "near you" training, the minimum number of participants may be adjusted to take into account the distance from our headquarter.



#### **EDUCATIONAL RESOURCES**



Classroom training



Use of a video-projector and a paperboard



A permanent internet access to the slideshow and training course folder will be provided to each participant at the start of the course



Interactive exchanges with the trainees



Co-construction with the trainees of rotations improved by the use of cover crops







#### **TECHNICAL RESOURCES**



Room equipped with a videoprojector and a projection screen



Use a video slideshow and a flipchart



Use of educational sheets (spade test, decision support tools)



### Raphaël MARTIAL

Agricultural engineer (ENITA BORDEAUX) and former adviser to the Landes Chamber of Agriculture

More than 20 years of experience in the agricultural sector







- I. Cover crops, a practice with II. Properly sow cover crops many services
  - Determine the desired objectives
  - Think about the composition of the cover crop
  - Successful seeding (equipment, vigilance points, key points, suitability between techniques and plant species)

## III. Manage cover crop properly until it is destroyed

- Fertilisation practices
- Practices to accompany development
- Properly manage destruction (vigilance points, interest of the spade test, techniques and plant species)

- IV. Decision-making tools useful for successful cover crops
- V. Improve the agro-ecological performance of crop rotations through cover crops



### MONITORING AND EVALUATION



Signing of an attendance sheet at the beginning of each half-day



At the end of the training, a certificate will be given to each participant



End of course questionnaire completed by each trainee to check understanding and good acquisition of the different topics









**Inter-company training** 



**Intra-company training** 



Delivery in a training centre

245 € including taxes

(individual price)

1800 € including taxes

(excluding travel expenses)

(group price)

800 € including taxes

(excluding travel expenses)

## Funding is available!

Click on the following link to learn more

https://www.terreom.fr/en/formations-financement



#### I AM INTERESTED IN THIS TRAINING

I REGISTER BY CLICKING ON THE LINK OPPOSITE

https://www.terreom.fr/en/inscription-couverts-vegetaux

